

Routine Post – operative instructions

| TYPE OF SURGERY | FBC | EUCs & LFTs | CMP | IDC | Aperients | VTE | Drain | Diet | Other |
|-------------------------------|-----|-------------|-----|-----|-----------|-----|-------|------|-------------------------------|
| Laparotomy | D | D | 1 | 2 | 3 | 10 | 2 | FF | PPI / Max |
| Laparotomy for ovarian cancer | D | D | 1 | 2 | 3 | 9 | 2 | FF | PPI / Max |
| Bowel resection | | | | | | | | 8 | CRP every 2 nd day |
| Laparoscopic hysterectomy | D1 | | | 11 | 6 | 5 | 2 | GD | |
| Laparoscopy other major | D1 | | | 11 | 6 | 5 | 2 | GD | |
| Radical hysterectomy | D1 | D | | 4 | 6 | 5 | 2 | GD | |
| Vulvectomy | D1 | - | | | 6 | 2 | 7 | GD | |
| Diagnostic laparoscopy | 2 | | | N/A | | 5 | 2 | GD | |

Legend

- | | | |
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| 1. Daily until tolerating PO intake | 6. Movicol BD and home on same | 11. 0600 D1 post op – no TOV |
| 2. See OT report | 7. When <50 mL in 24hr or Day 10. | PPI / Max = Regular PPI + metoclopramide from Day 0 |
| 3. Coloxyl when tolerating FF. + Movicol when on diet | 8. As per surgical OT report. Upgrade as per same. | FF – Free fluid |
| 4. 72 hrs standard post op – formal TOV | 9. As ordered then 28 days post op. | GD – general diet. |
| 5. On table / recovery –If Ca 28 days. Rest OT rep | 10. As ordered – duration per OT report. | D1 – Day 1. D = Daily |